

Pacific Rim Packing List

Clothing

- Shirts
- Hiking or Field Pants/Jeans
- Shorts for nicer/hotter days on campus
- One set of nicer casual clothes for church
- Clothes for playing rec games
- Sweatshirt or flannels
- Rain jacket and rain pants
- Medium weight jacket or flannel
- Sleepwear (nights can get chilly, especially if/when camping)
- Hat for sun protection
- Socks
- Undergarments
- Good walking or hiking shoes/boots for class- please break them in before coming!
- Shower shoes
- Good walking sandals (like Chacos or Tevas, no flip flops)
- Tennis shoes for games/rec if wanted or needed
- Winter hat and gloves for camping

NOTE: Au Sable has a supply of wader boots for the Marine Biology course.

Toiletries

- Shampoo
- Soap
- Deodorant
- Toothbrush/Toothpaste
- Sunscreen (the sun can be intense in high altitudes and on campus)
- Personal Medications
- Other personal needs

NOTE: Many students purchase, once they get to the island larger volume of shampoo and soap to make packing less difficult. Au Sable staff will provide shuttles to stores to make these purchases. It is recommended you bring at least enough for a week so you are not stressed the first few days about getting to a store.

Other Essentials

- Sleeping bag or blanket

NOTE: Many students find a sleeping bag is most convenient and easiest to travel with as a carry on, but we suggest bringing a sheet set too, for warmer nights and the fitted sheet for your twin bed. Students who are in Alpine Ecology, Forest Ecology or International Development will have camping trips, so a sleeping bag is necessary. Students not in these course may choose to just bring a blanket for their bed instead of a sleeping bag, but often students end up camping on the weekends as they explore, so please keep that in mind!

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- Twin sheets (NOT extra-long)
- Pillow and pillowcase
- Towel(s)
- Laptop computer
- Camera
- Daypack or bookbag for day trips
- Plastic Tupperware container(s) for packed lunches or reusable silicon sandwich bags
- Sleeping Pad

NOTE: Sleeping pads and sleeping bags **are needed for overnight trips**. Check with your professor or course syllabus to see if your class will have overnight camping trips, as most courses do. We do have a small number of sleeping pads available, but if you already have one and have room, please bring it. Au Sable has tents, so you do not need to bring a tent unless you would like to and have room.

- Bible and journal
- Sunglasses
- Water bottle
- Flashlight/headlamp with extra batteries
- Cell phone with alarm clock or small alarm clock
- Small notebook for field notes
- Larger notebook for lecture notes
- Pen/Pencils
- Small supply of snacks stored in a **well-sealed** container
- Laundry Bag (the laundry facility is NOT located in your dorm building)
- Laundry Soap

NOTE: You can pick up laundry detergent once you get to Whidbey Island.

Other Options and/or Suggestions

- Binoculars
- Small acoustic guitars, small hand drums, etc.
- Supplies needed for your hobby (knitting, drawing, fishing, running shoes, etc)
- Camp chair/hammock/outdoor blanket
- Coffee Travel Mug